

**REGION IX HEMOPHILIA PROGRAM ANNUAL CONFERENCE 2004**  
**Strategies to address Complex Clinical and Systems Issues in Hemophilia Care**  
**AGENDA**

**SUNDAY MARCH 14, 2004**

**Speaker**

**10:00 Registration**

**Noon Lunch**

**1:30 Welcome: History of Hemophilia  
Care in the East Bay**

**Brad Lewis, MD, Berkeley, CA  
Alison Matsunaga, MD, Oakland, CA**

**1:45 Dysfunctional Uterine Bleeding in Adolescents**

- What is DUB? When is menorrhagia just DUB?
- Differential Diagnosis and Treatment Options
- Are we over - diagnosing VWD?

**Eve Yallom, MD, Oakland, CA**

**1:45 Concurrent Physical Therapy Session**

- Report from the NHF PT Track
- Standard PT evaluation form – state of the project

**Pattye Tobase, RPT, San Francisco, CA**

**2:45 Pain Management in Hemophilia**

- Drugs that increase efficacy and decrease need for narcotics
- Combination drugs: vicadin vs. narco...and others
- Tylenol (and alternatives) and HCV vs. short acting drugs
- Signs/symptoms of withdrawal and weaning patients off meds

**Kenneth Fie, MD (Invited)**

**3:30 Break**

**3:45 Pain Management in Hemophilia: Consumer Perspective**

**TBD**

**4:15 California: CCS and GHPP News**

- Policies and Procedures
- Interaction with State Leaders

**Maridee Gregory, M.D., Sacramento, CA**

**5:00 Adjourn: Enjoy the area on your own or with a friend**

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**MONDAY MARCH 15**

**7:30 Continental Breakfast**

**Speaker**

**8:30 Ebullient Elbows:  
keep them strong, restore their function**

**Mauricio Silva, MD, Los Angeles**

- Preventing elbow and ankle deterioration
- Physical Therapy assessment and management
- Surgery – protocols and outcomes and Non - surgical alternatives

**9:15 Physical Therapist “Meet the Expert” Discussion with Dr. Silva**

**Caryn Lesko, RPT and Judith Pollack, RPT  
Moderators**

**9:15 Genetics: Nuts and Bolts in hemophilia practice**

**TBD**

- What are the genetic defects
- Testing: Which ones matter? Overcoming testing barriers
- Tools to sort out unusual family histories

**10:00 Break and check out**

**10:20 Adult medical and surgical problems:  
Cardiac surgery, malignancies, prostate disease, osteoporosis**

**Brad Lewis, MD, Berkeley, CA**

**11:00 NHF News**

**NHF Representative, New York, NY**

**11:20 Region IX Program Update: Highlights and 2003 HTC Population**

**Judith Baker, MHSA and Diane Nugent, MD**

**12:00 Adjourn and move to...**

**Sub Disciplinary Breakouts [HTC clinicians and consumers only]**

**Speakers and/or Moderators**

- **Physicians:** Diagnosing Rare Bleeding Disorders:  
Capacity in Region IX, new VWD multimer testing, HMOs
- **Nurses:** Obesity in the hemophilic child and adult
- **Social Workers:** Getting services for immigrants
- **Physical Therapy:** Best/Worst Case Presentations with Discussion
- **Consumers:** Access to the NHF and the current leadership
- **Hemophilia Foundation Directors/Presidents**

**Alison Matsunaga, MD and Brad Lewis, MD**

**Maryellen O’Leary, RN and Jane Van Warmerdam, RN, PNP  
Isabelle Alegria, California Immigrant Welfare Collaborative  
Caryn Lesko, RPT and Judith Pollack, RPT  
Val Bias, Hemophilia Foundation of Northern CA  
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**2:30 Sub Disciplinary Breakouts Adjourn**

**2:45 – 5:00 pm Region IX Hemophilia Program Coordinating Committee**