2020 Workshop Packages
Vision based on 2020 Guiding Principles

- Provide Impactful Education
- Ensure Every Chapter had access to programming
- Cost Effective
- Time Efficient
- Customer Service Oriented
What is a package?

• A package is a series of 3 workshops geared to serve the needs of your community at a particular event, whether it be an education weekend, women’s or men’s retreat, or a family camp, etc.

Why were they created?

• NHF’s packages offer easy access workshops that educationally work with the other sessions in that package to allow for deeper learning and impact, or ensure that your various audiences have something specific for them.
What else do I need to know about NHF’s Packages?

• For each of the package offerings on the following pages, you would select at least 3 topics within the package.

• Packages can still be customizable upon request.

• Packages include up to two NHF speakers/consultants maximum. If those speakers are able to deliver more than the original 3 workshops, NHF would be happy to discuss having them do additional workshops while at your event.

• Packages are the only way to get NHF’s “community building” activities (ice breakers, team building, etc.).
2020 Education for Empowerment Packages

- Advocacy
- Adult Men
- Kids
- Teens
- Women
- Camp
- Last Chance
- Educational Weekend
- Family Camp
- Von Willebrand Disease
- Mental Health
- Programming in Spanish
Teen Retreat Package

Teen event coming up? Not sure what to do? NHF’s Teen event package includes workshops tailored for teens. A good mix of education and fun, it will be a hit with your attendees.

Jeopardy
Do You Bleed Like Me
Becoming Independent On My Own
Personal Advocacy: Making a Positive Impression
Community Building
Factor Feud
Women's Package

Looking for women’s specific programming? NHF’s women’s package includes workshops for women that can be adapted regardless of how she may identify as a mother, sister, aunt, niece, sibling, or caregiver. Women will leave feeling connected, heard, and empowered.

Women Bleed Too
Relationships and Intimacy
Community Building
Finding Strength Through Struggle
Advocating for Yourself as a Women
You Are What You Think
Kids Package

Kids event coming up? NHF’s kids package includes workshops tailored for kids 8+. This package is an excellent mix of education and excitement.

Community Building

*Let’s Talk Bullying Scenarios (8-12)

Factor Feud

Building Blocks

Playing It Safe for Kids

Clotting for Kids
VWD Package

VWD event coming up? NHF’s VWD package includes workshops that can include all members of the VWD community.

Relationships and intimacy
Managing Stress and improving Wellness
VWD& Me: Q&A
Advocating for Your Care in the ER with VWD
VWD Your Voice Matters
Meet the Muscle Bleed
Men’s Package

NHF’s Men’s package allows space for men to connect, learn and discuss issues pertinent to their experiences.

You Are What You Think
Meet the Joints: Ankle & Knee
Choose to Take Control
Community Building
Meet the Muscle Bleed
PTSD in Chronic Conditions
Programming in Spanish Package

Looking for educational programming in Spanish? This package is geared towards serving the needs of the Hispanic/Latino speaking community ensuring the content is not only educational but also relevant and culturally appropriate. All workshops are facilitated by bilingual speakers.

Personal Advocacy: Making a Positive Impression

Relationships and Intimacy

TIPS to Improve Communication with Healthcare Providers (Spanish Only)

Playing It Safe

Talking About What Isn't Talked About

Community Building
Camp Package

Getting ready for camp? We got you covered! Our camp event package is perfect for camp settings with youth 6-12 and teens 13-18. We have workshops specific to girls and boys experience creating a fun and safe interactive conversations at camp. It will be a hit with your attendees!

Do You Bleed Like Me
Playing it Safe
Building Blocks
Clotting for Kids
Let’s Talk Bullying (6-8)
Let’s Talk Bullying (8-12)
Let’s Talk Bullying (13-17)
Family Camp Package

Family Camp around the corner? Don’t worry NHF is here to help! NHF’s Family Camp package includes workshops that all members of the family can take part in.

Do You Bleed Like Me
Playing it Safe
Jeopardy
Communicating with Providers
Building Blocks of You
Independence & Management
Mental Health Package

Look for sessions to address the critical need for more mental health information and resources? Look no further. Our mental health package includes NHF’s NEW workshops being developed in early 2020 by NHF’s mental health working group and Mental Health Matters Too.

- Mental Health Basics
- PTSD in Chronic Conditions
- Talking About What Isn’t Talked About
- You Are What You Think
Last Chance Workshops

This is your last chance to get the following workshops NHF developed as part of our CDC Cooperative Agreement which ends in 2020. A Request them now before it’s too late!

It’s Not Too Late To Save Your Joints

Factor Function: Half-Life

TIPS (Spanish only)

What Everyone Who Treats with Factor Needs To Know About Inhibitors
Educational Weekend

Two to three day educational event coming up? Looking for meaningful programming for a varied audience? This educational weekend package provides your attendees with just that!

Do You Bleed Like Me
What Everyone Who Treats with Factor Needs To Know About Inhibitors
Playing it Safe
Mental Health Basics
Medical Marijuana
Choose to Take Control
Community Building